



The Staff and management of First Trust Hospital make every effort to provide a professional, safe, efficient, and high quality service to ensure that your stay with us meets all your expectations and requirements.

To achieve this level of service we endeavour to provide a relaxed atmosphere with the minimum of restrictions.

However, to ensure that patients receive 100% of our attention and that beds are available for occupation upon arrival at First Trust Hospital, we ask that all patients and their visitors adhere to the following guidelines.

### **Patients for Surgery**

Please note that all patients who are due to have surgery should not eat for 6 hours before admission. You may take clear liquids (e.g. water) up to 2 hours before your admission time.

### **Coming to Hospital**

We want your stay to be as comfortable as possible so please let us know in advance if you have any special dietary requests or special facilities because of a physical disability (we have disabled access to all areas but please let us know if you have any additional requirements).

You will have a single room with full en-suite bathroom. We provide fresh bed and bath linen daily. Each room is double glazed and has TV with a wide choice of channels. You will be shown the various features of your room, such as the nurse call system the bed controls and telephone.

If the weather is fine you might like to take advantage of our garden—a tranquil area to relax and unwind. We have open visiting times at the discretion of the nursing staff.

### **Admission Times**

Ensure that you arrive at the hospital promptly, at the time indicated by the person arranging your admission.

Bring with you night attire and toilet articles in case you need to stay overnight.

Bring along any garments recommended for post-operative care by your surgeon

### **Discharge Times**

#### **Day Case Patients**

Will be discharged as soon as they are clinically fit following anaesthetic.

It should be noted that patients must not drive on the same day as their surgery if they have had a general anaesthetic.

#### **In Patients**

Will be discharged between 8am and 10am the following day.

Patients are requested to ensure that they are picked up within these times. This will ensure that the rooms can be cleaned and prepared in time for the admission of the next patient.

Patients who have not been collected by 10am will be expected to vacate their rooms. There are facilities for patients to sit and wait to be picked up in the main reception area but it should be noted that out-patient clinics will be in progress and those patients will also be seated in the reception area.

## Food and Drinks for Visitors

It should be noted that the patient is always our priority and therefore we are not able to provide overnight accommodation for visitors.

Should visitors want to stay overnight, there are hotels and B&B's within a short drive of the hospital. There are also cafés and restaurants within 5 minutes' drive.

Information can be obtained from either the nursing staff or reception

There will be access to drinks and a limited number of snacks will also be available upon request. A charge will be made for these services.

Food should not be brought into the hospital.

### Food / Beverage Charges:

Beverage and snacks are available in the reception area between 8.30am-4.00pm other times at the discretion of the staff

Tea / Coffee	£1.00
Snacks	Various prices

## Internet Access

To help you stay in touch with family and friends, we have wireless broadband. This is available throughout the hospital for a fee of £5.00, ask at reception for details.

Please note smoking is not permitted in hospital or on hospital premises.

Please note that we have no facilities to accommodate children



## First Trust Hospital Patient Information



Telephone  
01772 860884